## Injured worker’s details

### Physiotherapy: Treatment Management Plan

## Worker’s name Date of birth

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## Employer Occupation

## Insurance company and contact person Claim number

## Clinical assessment

## Date of injury Referring medical practitioner

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## Date of initial physiotherapy treatment Number of treatment sessions to date

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## Provisional Diagnosis/

## Diagnosis (circle)

## Current reported symptoms

**Functional limitations**

**Physical assessment findings**

**Investigation results\* (e.g. scans, etc.) Questionnaire results**

\*Attach copies if available

## Current work status

**Hours Current duties**

## Pre-injury hours at work per week Pre-injury duties

## 

## Current hours at work per week Alternative/modified duties

Not working

## Proposed management plan

## List work and functional goals

|  |  |
| --- | --- |
| Work/functional goals | Estimated timeframe (weeks) |
| 1. |  |
| 2. |  |
| 3. |  |
| 4. |  |

## Proposed management plan (continued)

## Proposed treatment methods (tick and complete details where applicable)

**In rooms physiotherapy** - Number of treatment session(s) proposed

Description of treatment methods:

**Hydrotherapy** - Number of session(s) proposed

**Exercise program** - N.B. Supervised exercise programs require a cost proposal for prior approval by the insurer (refer to the WorkCover WA Exercise Based Programs scale of fees)

Treatment to be conducted over weeks

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From to

**Expected work fitness at the end of this plan**

**Other comments or recommendations (include barriers to recovery where relevant)**

## Physiotherapist’s details

Name, practice and address Telephone number

Fax number

Physiotherapist’s signature Date

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## Insurer approval

**Note to insurer:** It is expected that a response be provided to the physiotherapist within 72 hours of receipt of this form.

Approved Not approved Further information required (specify):

Insurer contact name Telephone number

Signature Date

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### Explanatory Notes – Completing the TMP

There is a new billable item for the provision of a Treatment Management Plan (TMP) in the *Workers’ Compensation and Injury Management (Scales of Fees) Regulations 1998* from 1 November 2010.

The TMP is intended to provide greater clarity about future treatment options for injured workers who are likely to require more than ten physiotherapy consultations. It will also provide approved insurers and self-insurers with a mechanism to determine whether the treatment and costs are reasonably necessary under the workers’ compensation legislation.

The attached template TMP has been developed for use by physiotherapists and insurers to support the inclusion of this item in the fee schedule. The TMP should be outcome focused and is intended to be used by physiotherapists only in complex cases where treatment is expected to extend beyond ten consultations.

The following notes may assist physiotherapists and insurers:

**Notes for physiotherapists**

* A TMP may be requested or required when the physiotherapist is of the view that treatment will be required beyond ten consultations.
* The TMP may be initiated by a physiotherapist or requested by an approved insurer or self-insurer (note - there is a maximum of three reports before pre-approval is required from the insurer or self-insurer inclusive of standard/ progress reports and a TMP).
* A copy of the TMP should be provided to the injured worker, treating medical practitioner and insurer/self-insurer.
* All sections of the TMP should to be completed. This will ensure compliance with the requirements set out for this service item in the regulated physiotherapy fee schedule.
* Completion of the TMP is a billable item – refer to item PR003 of the regulated physiotherapy fee schedule for the appropriate fee.

**Notes for insurers and self insurers**

* Insurers and self-insurers have a responsibility to determine whether treatment for injured workers is “reasonable” (pursuant to Clause 17 – Payment of medical and other expenses of Schedule 1 to the *Workers’ Compensation and Injury Management Act 1981*).
* The TMP may be used as a mechanism to assist in determining whether any treatment proposed by a physiotherapist is a “reasonable” expense.
* As the TMP is intended to be a case management tool, it is desirable that insurers and self-insurers respond to physiotherapists in a timely manner.
* To avoid potential delays in physiotherapy treatment, the benchmark time for responding to physiotherapists is three business days from receipt of the TMP.